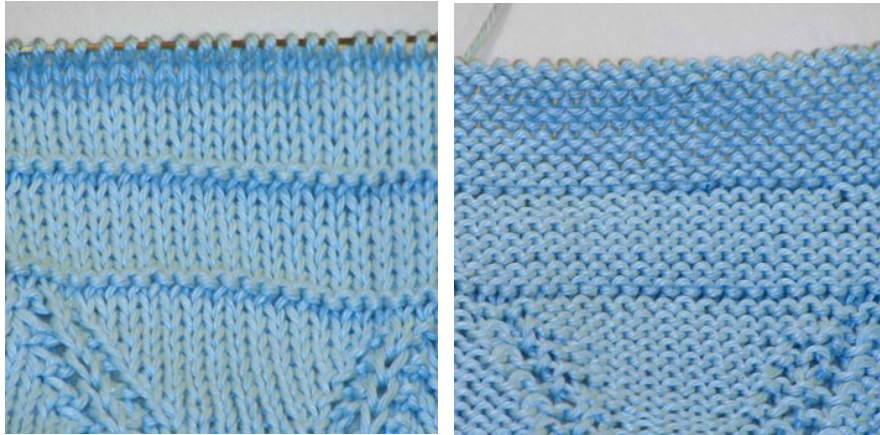


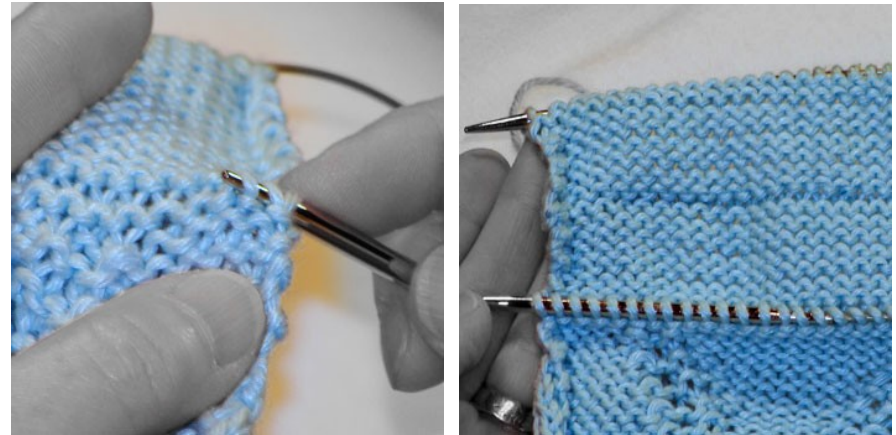
## Folded Waist Band with Decorative Trim

When working a folded waist band to encase elastic, generally you want to do it so the 'seam' is fairly invisible. There are time however when you might want a decorative trim along the seam line. I find this trim very helpful for those folks needing assistance determining the right & wrong side of their clothing. Perhaps you will find a use for it as well.

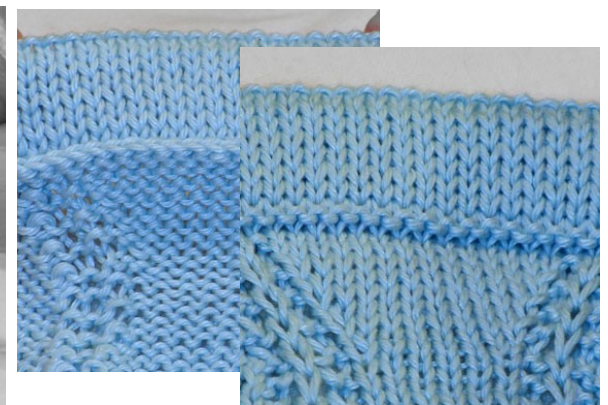
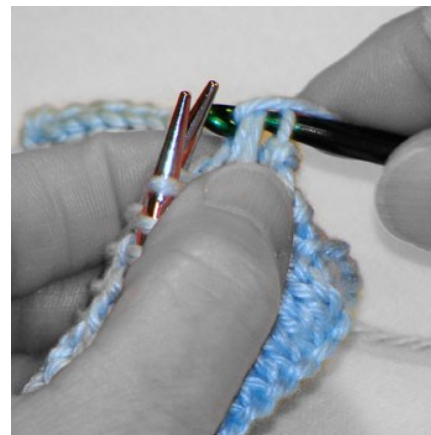
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First - knit your waist band as usual, with a purl row separating the waistband & body. These photos shows the band worked 'bottom up', from the body of a garment. On the left is the right side of the knitting, on the right is the wrong side.



Second - using another needle, or the opposite end of a circular needle as I did here, pick up the right leg of each st along the row of knitting separating the waistband & body.



Third - holding the wrong sides of the fabric together, and using a third needle or crochet hook, work & bind off each st using the 3-needle bind-off technique. At the end, bind-off about 1 1/2" worth of sts separately, leaving a gap open to insert the elastic through, then seam the gap after your elastic is in place. (Look for a Desert Rose Designs tutorial on the 3-needle bind-off technique soon).

When completed - your waistband is seamed with a decorative trim on the right side. The left photo shows the wrong side, the right photo shows the right side.